

1. COURSE OUTLINE

2. GENERAL

SCHOOL	SOCIAL SCIENCES		
DEPARTMENT	PSYCHOLOGY		
LEVEL	Undergraduate		
COURSE CODE	Ψ-3619	SEMESTER	6 ^o
COURSE TITLE	Clinical Psychology of Addiction		
INDEPENDENT TEACHING ACTIVITIES	WEEKLY TEACHING HOURS	CREDITS	
Lectures, presentations of case studies, presentations of research papers by the students	3	6	
COURSE TYPE	Skills development (Seminar)		
PREREQUISITE COURSES:	Methodology of scientific research in social sciences I Adult Psychopathology		
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek		
IS THE COURSE OFFERED TO ERASMUS STUDENTS	NO		
COURSE WEBSITE (URL)	https://elearn.uoc.gr/course/view.php?id=941		

3. LEARNING OUTCOMES

Learning outcomes
<p>The main objective of the seminar is to research and study issues related to the clinical psychology of addiction. In particular, the aim is to have an in-depth understanding of clinical theories of addiction and to study specific issues of addiction. Upon completion of the seminar, students will have a good clinical understanding of the addictive process and specific aspects of their clinical dependency. They will also be able to search for bibliography, present data and write a synthetic work. At the end of the lesson students are expected to:</p> <ul style="list-style-type: none"> • Understand addiction as a multifactorial bio-psychosocial phenomenon • Understand the intrinsic mechanisms underlying the addictive process • Recognize how ideology issues affect clinical practice of addiction • Have bibliographically researched a topic of their choice from the field of addiction clinic and have composed, presented and co-authored a seminar paper • Understand the relationship between addictive behavior with addictive behaviors and other addictive behaviors • They distinguish the basic similarities of individuals and systems that exhibit some form of dependence, as well as their great heterogeneity
General Competences
<ul style="list-style-type: none"> • Search for, analysis and synthesis of data and information • Working with peers to do the work

- Presentation of a project
- Organizing and writing a seminar project

3. SYLLABUS

- Psychoanalytic approaches of addiction
- Systemic approaches of addiction. Addiction and family.
 - Other theoretical approaches: cognitive-behavioral, existential, etc.
 - Diagnostic overlap of addiction with:
 - o Psychosis
 - o Personality Disorders
 - o Emotional disorders
 - o Eating disorders
 - o Other addictions
 - Addiction and adolescence
 - The addicted woman / mother
 - The Greek reality: epidemiology / law / services / financial crisis
 - Addiction and social exclusion (immigration / prisoners etc.)
 - Other addictions: internet, food, gambling. The new needs.

4. TEACHING and LEARNING METHODS- EVALUATION

DELIVERY	Face to face		
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY	Lectures using ICT Communication with students and delivery of all course material via the e-learn platform		
TEACHING METHODS	Activity	Semester workload	ECTS
	Lectures	12 hours	0,48
	Literature review	15 hours	0,60
	Studying and writing a paper	70 hours	2,80
	Preparation of presentation	20 hours	0,80
	Oral presentation of papers	27 hours	1,08
	<i>Course total</i>	<i>150 hours</i>	<i>6,00</i>
STUDENT PERFORMANCE EVALUATION	Language of evaluation: Greek Final Paper (8000 words, 80%). Presentation and discussion of papers in class (20%). The evaluation criteria are available via the e-learn application.		

5 ATTACHED BIBLIOGRAPHY

Khatntzian, E. J. & Albanese, M. J. (2008). *Understanding addiction as self-medication: Finding hope behind the pain*. Rowman & Littlefield Publishers, Inc.

Khantzian, E.J. (1987). A Clinical Perspective of the Cause-Consequence Controversy in Alcoholic and Addictive Suffering. *Journal of the American Academy of Psychoanalysis*, 15(4), 521-537.

Κασσέρη & Αυδή (2008). Ουσιοεξάρτηση, ταυτότητα και φύλο: αφηγηματική μελέτη μιας περίπτωσης. *Hellenic Journal of Psychology*, 5(1), 1-32.

Kohut, H. (1977). Preface. In J. D. Blaine & D. A. Julius, *Psychodynamics of drug dependence* (National Institute of Drug Abuse, Research Monograph Series 12, pp vii-ix). Washington DC: U.S. Government Printing Office.

Krystal, H. (1977). Self- and object- representation in alcoholism and other drug dependence: Implications for therapy. In J. D. Blaine & D. A. Julius, *Psychodynamics of drug dependence* (National Institute of Drug Abuse, Research Monograph Series 12, pp. 88-100). Washington DC: U.S. Government Printing Office.

Λιάππας, Ι. Α. & Πομίνι, Β. (2004). *Ουσιοεξάρτηση: Σύγχρονα θέματα*. ΙΤΑΚΑ – Ελληνικό Τμήμα.

Μάτσα, Κ. (2001). *Ψάξαμε ανθρώπους και βρήκαμε σκιές... Το αίνιγμα της τοξικομανίας*. Αθήνα: Εκδόσεις Άγρα.

McDougall, J. (2002). Addiction: a psychosomatic solution. *International Congress Series*, 1241, 345–351.

Πουλόπουλος, Χ. (2011). *Κοινωνική εργασία και εξαρτήσεις*. Αθήνα: Τόπος.

Ulman, R. B. & Paul, H. (2006). *The self psychology of addiction and its treatment: Narcissus in Wonderland*. New York: Routledge, Taylor & Francis Group.

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Wurmser, L. (1974). Psychoanalytic considerations of the etiology of compulsive drug use. *Journal of the American Psychoanalytic Association*, 22, 820-843.

Ζαφειρίδης, Φ. (2009). *Εξαρτήσεις και κοινωνία. Θεραπευτικές κοινότητες, Ομάδες Αυτοβοήθειας*. Αθήνα: Κέδρος.

Βιβλία στην κλειστή συλλογή

Bergeret, J. (1999). *Τοξικοεξάρτηση και προσωπικότητα*. (Μτφ. Απόστολος Βερβερίδης) Αθήνα: Ελληνικά Γράμματα.

Fields, R. (2004). *Drugs in perspective: a personalized look at substance use and abuse* (5th ed.). Boston: McGraw-Hill.

Glantz, M. & Pickens, R. (Eds.) (1992). *Vulnerability to drug abuse*. Washington, DC: American Psychological Association.

Λιάππας, Γ. Α. (1999). *Ναρκωτικά : εθιστικές ουσίες, κλινικά προβλήματα, αντιμετώπιση* (4η έκδ.). Αθήνα : Πατάκης.

Λιάππας, Α. & Πομίνι, Β. (2004). *Ουσιοεξάρτηση: Σύγχρονα θέματα*. ΙΤΑΚΑ – Ελληνικό Τμήμα.

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Μάτσα, Κ. (2012). *Το Αδύνατο Πένθος και η Κρύπτη: Ο τοξικομανής και ο θάνατος*. Εκδόσεις Άγρα.

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