COURSE OUTLINE

1. GENERAL

SCHOOL	SOCIAL SCIENCES
DEPARTMENT	PSYCHLOGY
LEVEL	UNDERGRADUATE

COURSE CODE	PSY-1502	**SEMESTER**	2nd

COURSE TITLE	CROSS-CULTURAL PSYCHOLOGY

TEACHING ACTIVITIES	WEEKLY HOURS	ECTS
Lectures, demonstration of videos, brainstorming, case studies	3	4

COURSE TYPE	Optional
PREREQUISITES COURSES:	None
INSTRUCTION/EXAM LANGUAGE:	Greek
OFFERED TO ERASMUS STUDENTS:	Yes (independent study of English literature under the guidance of the instructor and summary of a paper in English)
COURSE WEB PAGE (URL):	https://elearn.uoc.gr/login/index.php

2. LEARNING OUTCOMES

Learning Outcomes

The aim of this course is to provide an introduction to the effects of culture on different aspects of behavior (both normal and abnormal).

At the end of the course, students must be able to:

- Define the scientific area of Cross-Cultural Psychology and distinguish Cross-Cultural Psychology from Cultural Psychology.

- Become familiar with the research strategies of Cross-Cultural and Cultural Psychology.

- Realize the limitations of psychometric tests (e.g., intelligence and personality tests), when these tests are applied in individuals coming from non Western cultures.

- Realize the effect of culture on different aspects of human behavior (e.g., emotions, perception, different states of consciousness).

- Realize that personal relationships (e.g., friendships, family relationships) have similarities and dissimilarities across nations.

- Find out the reasons of conflicts between groups of different cultural background and the role that ethnocentrism, prejudice and racism play in these conflicts.

- Realize the problems that immigrants and refugees face in their acculturation process.

- Realize the challenges of diagnosis and counseling with individuals from different cultural backgrounds.

General Competences
• The application of the cross-cultural principles in interventions for immigrants and refugees. • Critical thinking and self-criticism. • Production of free, creative and inductive thinking

3. COURSE CONTENT

- Definition of Cross-Cultural Psychology and culture

- Methodology of Cross-Cultural and Cultural Psychology: Emic and Etic Research paradigms.

- Cross-Cultural aspects of cognitive processes and perception: The measurement of intelligence and personality in individuals from different cultures.

- The cross-cultural approach of developmental psychology: The theory of Piaget in individuals from different cultures.

- The self in cultural context: Independent/Interdependent self-construal and behavior.

- Communication and personal relationships in different cultural contexts: Romantic relationships, friendships, and family relationships.

- Relationships between groups: Ethnocentrism, stereotypes, prejudices, and racism.

- Culture and organizational behavior: motives, successful leadership, negotiation and decision making.

- Immigrants, psychological health and family relationships: Acculturation and adaptation.

- Psychological health of refugees: Post traumatic stress and interventions in camps.

- Culture and psychopathology: Cultural syndromes, similarities and dissimilarities in anxiety, depression and psychosis between individuals from different cultures.

- Counseling: The role of cultural values in the therapeutic relationship.

4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

INSTRUCTION METHOD	In class (face-to-face). These meetings include lectures, short video demonstrations, and discussions.
INFORMATION AND COMMUNICATION TECHNOLOGIES USED	Use of ICT in teaching Support for learning (communication with students and delivery of all course material) via the UoC e-learn online platform.

TEACHING ORGANIZATION	Activity	Semester Work load	ECTS credits
	Lectures	39	1,56
	Independent study for final exams	40	1,7
	Participation in final	2	0,08

	exams		
	Optional study of English literature and writing of an essay.	20	0,8
	Course Total	*101*	*4,14*
STUDENT EVALUATION	The evaluation is in Greek for the students of UoC and in English for the Erasmus students. The evaluation criteria will be by means of: I. Final exams II. Optional study of English literature and writing of an essay (20% bonus) The evaluation criteria are presented during the 1st lecture of the semester. Moreover, all criteria are available to the students via the web-site of course on UoC e-learn platform.		

5. BIBLIOGRAPHY

Basic bibliography:

• Shiraev, E & Levy, D, (2017). *Cross-Cultural Psychology: Critical thinking and applications.* Athens: Pedio publications.

Additional Reading:

• Smith, P. B.& Bond, M. H. (2005). *Cross-Cultural Social Psychology. Athens*: Greek Letters.

• Berry, J. W. (1997). Immigration, acculturation and adaptation. *Applied Psychology: An International Review, 46 (1),* 5-34.

• Georgas, J. Berry, J. W. Van de Vijver, F. J. R. Kagitcibasi, C. & Poortinga, Y. H. (2006). *Families across cultures: A 30-nation psychological study.* Cambridge: Cambridge University Press.

• Heine, S. J. Lehman, D. R., Peng, K. & Greenholtz, J. (2002). What's wrong with cross- cultural comparisons of subjective Likert scales? The reference-group effect. *Journal of Personality and Social Psychology, 82,* 903- 918.

• Kagitcibasi, C. (2005). Autonomy and relatedness in cultural context: Implications for self and family. *Journal of Cross- Cultural Psychology, 36,* 403- 422.

• Markus, H. R. & Kitayama, S. (1991). Culture and the self: Implications for cognition, emotion and motivation. *Psychological Review, 98,* 224- 253.

• Nezlek, J. B. Kafetsios, K. & Smith, V. C. (2008). Cross and within culture relationships between day- to day affect and self- construal. *Journal of Cross-Cultural Psychology, 39,* 366- 372.

• Oishi, S. Koo, M. & Akimoto, S. (2008). Culture, interpersonal perceptions and happiness in social interactions. *Personality and Social Psychology Bulletin, 34,* 307- 320.

• Oyserman, D. & Lee, S. W. (2008). Does culture influence what and how we think? Effects of priming individualism and collectivism. *Psychological*

Bulletin, 134, 311- 342.

- Segall, M. H., Dasen, P. R., Berry, J. W. & Poortinga, Y. H. (1996). In D. Georgas (Ed.), *Cross-Cultural Psychology.* Athens: Greek Letters.
- Shweder R. (1996). *Thinking through cultures.* London: Harvard University Press.
- Tajfel, H., & Turner, J.C. (1986). The social identity theory of intergroup behavior. In S. Worchel & W.G Austin (Eds.), *The psychology of intergroup relations.* Chicago: Nelson- Hall.
- Triandis, H. C. (1994). *Culture and social behavior.* New York: McGraw-Hill, Inc.