

COURSE OUTLINE

1. GENERAL

SCHOOL	SOCIAL SCIENCES		
DEPARTMENT	PSYCHOLOGY		
LEVEL	<i>Undergraduate</i>		
COURSE CODE	PSY-3602	SEMESTER	5 th
COURSE TITLE	ADULT PSYCHOPATHOLOGY		
TEACHING ACTIVITIES	WEEKLY HOURS	ECTS	
Lectures	3	5	
COURSE TYPE	Scientific Area (Compulsory)		
PREREQUISITES COURSES:	Personality Theories PSY-1103		
INSTRUCTION/EXAM LANGUAGE:	Greek		
OFFERED TO ERASMUS STUDENTS	YES (independent study of english literature and term paper)		
COURSE WEB PAGE (URL)	https://elearn.uoc.gr/course/view.php?id=507		

2. LEARNING OUTCOMES

Learning Outcomes

This course is an introduction to the field of adult psychopathology. It focuses on theoretical models of abnormal behavior as they relate to the definition, etiology, and treatment of mental disorders. Diagnostic classification, behavioral and biological features of severe psychological disorders, and current etiological models are emphasized. Special reference is made to the therapeutic approaches to the treatment of mental disorders, and issues regarding the usefulness, limitations and consequences of the diagnosis as an institutional practice are discussed. Furthermore, clinical material focusing on case formulation as a tool for better understanding of psychopathology is given.

On completion of the course, students should be able to demonstrate:

- familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychopathology,
- a critical appraisal of major classificatory systems,
- a critical appraisal of predominant models of etiology and psychopathology and accurate and clear documentation of assessment,
- knowledge and theoretical understanding of effective, evaluated psychological interventions for mental disorders,
- familiarity with the concept of “empathy”.

General Competences

- Search, analysis and synthesis of data and information, with the use of the necessary technology
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

3. COURSE CONTENT

1. Psychopathology: Introduction and Historical Overview
2. Current Paradigms in Psychopathology
3. Diagnosis and assessment based on DSM-5
4. Anxiety Disorders
5. Obsessive-Compulsive and Related Disorders/Trauma and Stress Traumatic Disorders
6. Mood Disorders - Suicidality
7. Schizophrenia Spectrum and Other Related Disorders
8. Personality Disorders
9. Somatic Related Disorders
10. Substance Related and Addictive Disorders
11. Neurocognitive Disorders

4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

INSTRUCTION METHOD	In class		
INFORMATION AND COMMUNICATION TECHNOLOGIES USED	Use of ICT in teaching Support for learning through the E-learn online platform		
TEACHING ORGANIZATION	Activity	Semester Work load	ECTS credits
	Lectures	39	1,56
	Mid-term examination	32	1,28
	Independent study for final examination	52	2,08
	Final examination	2	0,08
	Course Total	125	5
STUDENT EVALUATION	Evaluation is in Greek and in English for Erasmus students. I. Final Examination (70%) includes: - Multiple-choice		

	<p>- Short answers</p> <p>- Problem solving questions</p> <p>II. Mid-term examination (30%)</p> <p>Evaluation criteria are accessible to students via the web-site of course on the UoC e-learn platform.</p>
--	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

5. BIBLIOGRAPHY

<ul style="list-style-type: none"> • Bennett, P. (2010). <i>Clinical Psychology and Psychopathology</i> (Eds. A. Kalantzi-Azizi, G. Eustathiou). Athens: Pedio. • Christopoulou, A. (2008). <i>Introduction to Adult Learning</i>. Athens: Topos Publications. • Hooley, J.M., Butcher, J.N., Nock, M.K., & Mineka, S.M. (2020). <i>Psychopathology</i>. (Eds. M. Georgiadi, A. Kalaitzaki, V. Kanellopoulou, A. Koutra, & V. Sifaka). Athens: Utopia. • Kring, A.M., Davison, G.C., Neale, J.M., & Johnson, S.L. (2010). <i>Abnormal Psychology</i> (Eds. E. Avdi, P. Roussi). Athens: Gutenberg. • Oulis, P. (2010). <i>Manual of Clinical Psychopathology</i>. Athens: Beta Medical Publications. • Schacter, D.L., Gilbert, D.T., & Wegner, D.M. (2012). <i>Psychology</i> (Eds. S. Vosniadou). Athens: Gutenberg. • Selected articles from scientific journals: Journal of Abnormal Psychology, Journal of Consulting and Clinical Psychology, Clinical Psychology Review, Annual Review of Clinical Psychology, Journal of Clinical Psychology, Psychological Medicine, etc.
